



Arth

Traditional Healing...

beyond Health

"To preserve the health of the healthy and alleviate the disease of the sick". This is the mission statement of ARTH—Atreya Resorts for Traditional Healing—a healing center designed to cater to the specialized needs of traditional methods of healing.

Nestled unobtrusively amidst the residences and commercial workplaces of Indiranagar, Bangalore, this healing center exudes a warm welcome with its polished wood work. As one would expect from the traditionally inclined, the first signboard requests the removal of footwear. A charming niche worked

gracefully into the foliage invites you to wash your feet. A very Indian ritual of cleansing, but symbolic of washing away the dust of the outside world—both physically as well as mentally.

Stepping into the reception area, one is embraced into the cool and fragrant interior that is an understated mix of modern and ethnic. The spotless look indicates a meticulous concern for hygiene that would satisfy even the most critical eye.

The rote here is that every patient is first seen and examined by Dr. S Prashanth, the Medical Director of the Center. Unhurriedly, Dr. Prashanth gets to know his patients and understands their life style. He then determines what needs be done to enhance health or, treat to recover health.

A team of seven qualified doctors work from very early in the morning, giving the patients individual care, sharing their concerns. The perception of health that is

shared with guest is that the human quest for continuous well being is a culture of proactive discipline.

While most therapies are a day long, others may require that the patient lives in, for maybe, 3 to 7 to more days, depending on the treatment arrived at, or the package chosen. Bone and joint related disorders, respiratory, neurological, gastro-intestinal tract, urinary-tract disorders especially kidney stones, skin diseases, sinusitis and migraine and weight problems are treated. An independent cosmetology department with trained therapists take care of skin, hair and eye problems.

Though the center has two large air-conditioned double-bed rooms for live-in treatments, most residential packages are referred to the Guestline Hotel and Resorts, where Arth runs a parallel healing center with similar facilities, which combined with the recreational activities and hospitality offered by the resort, ensure the comfort of the guest.

