

TWO YOUNG MEN ALL SET TO HEAL CITY

Roja Kandath

IT'S being inaugurated today, and it's the first of its kind in the city. All forms of traditional healing from the world over offered under one roof in a residential area. Started by two 26-year old students of Ayurveda, the place promises a solution to every problem you might or might not have.

Atreya Resorts for Traditional Healing, Arth for short, offers ayurveda, homeopathy, naturopathy, unani, reiki, pranic healing, music therapy, chromo therapy, yoga, meditation, pranayama and shodhana therapies.

Post Graduate students of Government Ayurveda Medical College, Dr S Prashanth and Dr S Sanjay have been planing this project over the last five years. "Every system of medicine has its own limitations," explains Prashanth, who is majoring in cosmetology and neurology. He and Sanjay wanted to make a difference, "as we have seen the short-falls of doctors themselves, when we worked under our seniors."

They quote instances where two seniors diagnosed the same problem in two different ways. Sanjay has handled nearly 1,000 deliveries in the Vani Vilas hospital and believes that good pre-pregnancy care can bring down the number of caesarean deliveries to zero and claims there is an explanation for any problem that crops up post delivery.

The centre, they say, will focus attention on diagnosis. "With visiting experts in each field available round the clock, we will zoom in on the problem keeping in mind the history of the case and body constitution of the guest," says Prashanth. The duo do not believe in the word 'patient' as even healthy people they feel, need advice on food habits and modes of exercise.

During their extensive travels across the world, the two had faced a number of queries from foreigners on the Indian system of medicine.

As such they feel that a bulk of people visiting the resort will be from other countries.

"We will attend to around ten people a day," they say. The place will not encourage walk-ins. They pledge to heal a troubling back pain just through analysis of thought, a technique known as transactional analysis.

They will shatter health related myths. In case, you thought you're getting overweight because of ghee, you will be encouraged to eat as much ghee as you want, "because it is unsaturated ghee that increases your cholesterol level," explains Prashanth.

The cost of treatment will be at least 30 per cent more than the regular charges in similar centres in other parts of the country. The thoroughness of treatment and cleanliness in the treatment centre are their USP, the doctors say.

The resort is located at Indiranagar because of the need for a central location for two reasons: One, people from abroad and other parts of the country should be able to locate and travel to the place easily. Two, a person treated of a problem should reach home quickly to rest and not revert back to the initial unease during his long journey back.

The centre that celebrates the body, mind and soul opens today at 1142/1, 12th main, 1st cross, HAL 11nd stage, B'lore-8. Ph:5288630.

Terse Verse

MOCK PARLIAMENT

Rule of Delhi or of Rome
Is the dilemma of Bellary;
Sonia or Sushma will romp
home,
Saying "Tu anari, main khilari"
What a mockery of Prajaprab-
hutva
Or good old mannina maga tat-
val

—Shantha Rajagopal